

Me, a Coach?

10 April 2013

Well, not an athletic coach. That would be the blind leading the talented! But yes, I (Lynn) am moving into a new ministry role, coaching.

For several years I have been involved with ReFocusing Leaders Cambodia, a year-long network for cross-cultural workers designed to help them clarify their vision and become more intentional in their own personal development. In connection with this network I got involved in coaching participants and helped organize and attend a three day coaching workshop here in Phnom Penh.

Last year I was asked by leadership in MUP to attend a workshop in Core Coaching Skills (see <http://www.creativeresultsmanagement.com>). It was an intensive five day training in Singapore last August shortly after we arrived back in Cambodia. The goal is that I be equipped to coach others in the organization and to train them to use coaching skills.

Since then I have been logging coaching hours to complete the certificate. I also helped organize another three day workshop in Phnom Penh last Nov. The instructor gave me a chance to do a little facilitating and “get my feet wet” as a trainer of coaches.

What is Christian Coaching?

Coaching is relationship with a coach who will listen actively, reflect back what she is hearing, ask good questions and help move the person to action steps. A coach will also

hold a person accountable to those steps. A coach is different from a mentor in that generally the mentor seeks to pass on his knowledge and wisdom, while the coach seeks to pull out of the one being coached what God has put there already! In coaching the agenda is set by the person being coached. It is a great way for competent, healthy workers to become even better at what they do.

I have been using coaching skills to help people develop their ministry partner teams and also to help them move forward in their personal and ministry development. It is a privilege to help others hear what God is saying to them and become more intentional about their own development.

Christian coaching is an ongoing intentional conversation that empowers a person or team to fully live out God’s calling.

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CMM Light: Conversations about Multiplying Disciples and Churches

In February TK helped plan and run Church Multiplication Movements (CMM) Light. This was a one day event for English speakers interested in participating in a discussion about the multiplication of disciples and churches, especially how these principles apply to the Cambodian context. There were 40 participants with very good interaction. People went away encouraged to apply these disciple making principles in their contexts. Out of this event emerged CMM Nexus, a regular time when CMM practitioners gather for mutual encouragement, sharing of resources, troubleshooting and praying together. We are excited to see more missionaries seeking to put these important principles into practice. For a list of resources, check out the CMM Light button on our website.

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